

THE TART CHERRY

Metro Sports New York

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The tart cherry, it's a little fruit that packs a lot of healthy punch. Researchers discovered that the compounds found in cherries are natural antioxidants, pain relievers and anti-inflammatories. So CherryPharm decided to blend cherries into a tasty recovery drink. Athletes tested lost less muscle, had less pain and recovered faster when drinking CherryPharm after a workout than those who didn't.

Drink up.

The logo for Metro Sports New York. The word "Metro" is in a small, bold, sans-serif font. Below it, the word "Sports" is written in a large, bold, italicized sans-serif font. At the bottom, the words "New York" are written in a smaller, bold, italicized sans-serif font.

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