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BEAUTY HEALTH & FITNESS

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From the most sought-after gurus and wait list-worthy must-haves to outrageously chic escapes—everything you need to know in 2008.

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CHERRY PICKING

Health insiders have been ordering **CherryPharm** by the caseload online. Now the deliciously tart, not-from-concentrate cherry juice with more antioxidants than any other beverage on the market—green tea and pomegranate included—will hit select stores this spring, so devotees can quench their thirst sans FedEx.

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